

TEAM _____

PRE or POST GROUP

Relationship/Self Disclosure Pre-Post Group

Circle one

Date: _____

Answer the questions below with absolute honesty using the Likert Scale, Strongly Agree (SA), Agree (A), Neither Agree or Disagree (NA), Disagree (D) or Strongly Disagree (SD). Just put the abbreviation of your response on the line next to each statement.

1. I am afraid to open up to people in this church group, including my personal challenges living a life committed to Christ. 1) _____
2. I have never experienced a full disclosure relationship where the person accepted me even after they know all about me. 2) _____
3. I have one or more things about myself that I would not want anyone to know about in this church group. 3) _____
4. I do not want to share things with this church group because I am not willing to give the hidden (issue or habit) up or deal with the consequences that come with the exposure. 4) _____
5. I hesitate to share certain sins with this church group because I am afraid of judgment or rejection. 5) _____
6. I am more connected to someone when they open up their true challenges as a Christian. 6) _____
7. I often put on a front in this church group so I can be more accepted by them. 7) _____
8. I often do not share personal information in this church group because I am afraid that it will get out and come back to hurt me or my family. 8) _____
9. I believe that people who share their specific sins with others are foolish. 9) _____
10. I believe that it is beneficial to confess my sins to someone other than God. 10) _____
11. I am more willing to share my sins when someone else does it first. 11) _____
12. I would share, but I don't want someone in this church group to know this about me. 12) _____
13. I feel that I can depend on at least one person in this church group to help me when I have major life challenges. 13) _____
14. I often feel that at least one or more persons in this church group keep me from sharing fully, so I hold back. 14) _____
15. I find it hard to open up myself to this church group if I perceive that at least one person is holding back themselves. 15) _____
16. Below are five things that I do not want others to know about me, PRE-GROUP—OR—POST-GROUP, below are five things that I risked sharing with this church group. (These will NOT be linked to your name)
 - a. _____
 - b. _____
 - c. _____
 - d. _____
 - e. _____

Thank you for participating in this study to determine the connection between developing authentic relationships with other Christians as it relates to self-disclosure.

*** This should be used in church groups of the same gender. Please note otherwise by circling “mixed” if you answered these questions in a group that is mixed in gender. **MIXED**

PRE or POST GROUP

Relationship/Godhead Pre-Post Group

Circle one

Date: _____

Answer the questions below with absolute honesty using the Likert Scale, Strongly Agree (SA), Agree (A), Neither Agree or Disagree (NA), Disagree (D) or Strongly Disagree (SD). Just put the abbreviation of your response on the line next to each statement.

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|--|-----------|
| 1. I often turn to Jesus during my day to ask Him to help me in my daily activities. | 1. _____ |
| 2. I find myself talking to God during the day. | 2. _____ |
| 3. I see my relationship with the Godhead as intimate. | 3. _____ |
| 4. I spend sufficient time during the week in God's Word and prayer. | 4. _____ |
| 5. I hesitate to share certain sins with God. | 5. _____ |
| 6. I believe that God is angry with me most of the time. | 6. _____ |
| 7. I sometimes question my salvation. | 7. _____ |
| 8. I find myself confessing my sins to God regularly. | 8. _____ |
| 9. I believe that my desire to sin has lessened. | 9. _____ |
| 10. I believe that God wants me to come boldly to Him after I sin. | 10. _____ |
| 11. I am growing in my love for God year by year. | 11. _____ |
| 12. I trust that God will always take care of my needs. | 12. _____ |
| 13. I am growing in my obedience to God's will and commandments. | 13. _____ |
| 14. I often find myself telling others about my relationship with Jesus. | 14. _____ |
| 15. When I have a life decision before me I find myself asking God for direction. | 15. _____ |
| 16. I find myself praying to God when I am ministering to another person in need. | 16. _____ |

Thank you for participating in this study to determine your relational depth with the Godhead.