



## 11. IRON SHARPENS IRON & BATTLEZONE PRAYER TEAM

**Captain for Week 1, demonstrate to the men what confessional prayer looks like.** This is a time for prayer and confession. Each week we will end with a sacred time for confession either with your Teammate/Captain (TC) or as a team. This is a time to come clean of any sin you have in your life. Allow the Holy Spirit to search you and Christ's blood to cleanse you.

This section will slowly give the men an opportunity to confess their sins. It is vital that the Captain/Coach sets the pace each meeting. Next, ask for prayer requests and ask one person to pray for each situation and/or write them on the prayer request page on the Prayer Requests and Praises page located in the back of each week. If you choose to pray, for each prayer request, ask someone to pray out loud for the request so that every request is prayed for. You can also use the prayer request chart at the end of each week so you can come back to see how God answers prayer.

### BattleZONE Prayer Team

Go over the BattleZONE Prayer Team **REQUIREMENT** pages located in the Introduction on pages 11 & 12. Make certain each man has a team praying for him separate from the men in the group.



## WALK-THROUGH

**Captain,** now is the time to do a hands-on walk-through to familiarize the men with the structure of the BattleZONE training course. Have the men turn to this page and then walk the men through the following in Week 1:

1. Week 1 Objectives
2. Strength Training Cards
3. Plays (explain their responsibility and encourage them to underline, highlight and/or circle important truths).
4. Pain Point page (encourage them to go to the BattleZONE website and take the BZ Challenge)
5. Personal Assessment Form for personal BattleZONES
6. Captain's Guide (walk them through each component, including the prayer requests and praises)
7. Independent Practice
8. If you have access to a computer, take the men to the BattleZONE website and show them the following:
  - a. BattleZONE Challenge
  - b. Resources
  - c. Show Me How To's
  - d. Contact Us (encourage them to register)

Briefly review the Independent Practice section and then show the men Week 1 Plays. They will be responsible to read each Play and take notes using the Captain's Corner Personal Application page. Emphasize that they will not know which Play they will be responsible for until the training session, so each must be prepared to teach/discuss all of the Plays.

Explain what the process is if one of the men misses a training session.

**Independent Practice:** Ask your men to do the following before your next meeting:

1. **Visit the BattleZONE website** and **take the Bible Application Quotient (BAQ) Quiz** located under **Resources** at [www.battlezoneministries.org](http://www.battlezoneministries.org).
2. **Take the BattleZONE Challenge** on the website [www.battlezoneministries.org](http://www.battlezoneministries.org) and either print out or e-mail the results to your Captain/Coach, and copy yourself. This will assist in the process of finding your Pain Points and BattleZONE(s).
3. **Register online as a trainee/player at <http://register.bzg4.com>.** Be sure to select your captain/coach in drop down list.
4. **Read the Course Introduction** at the front of the BattleZONE Training Course manual.
5. **Sign Confidentiality Agreement and turn it into your Captain/Coach.** You can download a copy from the BZ website-- Resources<BZ Training Course.
6. **Read and think about** Week 1's Strength Training Cards as often as possible. They are located after the title page each week.
7. **Read all five Plays** and be prepared to talk to the team, focusing on how God spoke to you as you read and meditated on His truths.
8. **Assemble a Prayer Team** using the **"Prepare for Battle"** on pages 11 & 12.
9. **Turn to the Glossary of Terms** and read it.
10. **Call your Teammate/Captain (TC) at least once this week** and pray for him by name daily. Write down his name, phone number and email here:

NAME: \_\_\_\_\_ email: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_